"BADLIKE BRUCELEE." *Bruce Lee*, BADDERBUT NEVERBETTER THANBRUCELEE, brucelee.com/. Accessed 20 July 2023.
BRUCELEE died today in 1973 whereas-whiLe Neil Armstrong became the first man to step foot on the MOON ,on this day in 1969

"Neil Armstrong." *Wikipedia, the Free Encyclopedia*, Wikimedia Foundation, Inc, 15 July 2023, en.m.wikipedia.org/wiki/Neil_Armstrong. Accessed 20 July 2023.

"An Olympic fencing primer for non-fencers." 23 July 2021, academyoffencingmasters.com/blog/olympic-fencing-primer/.
Fencing is applicable to Bodybuilding and vice-versa.The Saber,Foil,and Epee are the trio of weapons used.I have been at this ever since the early 1990s.Adding BodybuILding to my regimen abided me magnitude of help.I ???? notice better technique .It was a MIRACLE.Now,I am studying Strength too.I am on a row now.